

# Breastfeeding your baby

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**Publication Year:** 2009

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Baby Friendly Hospital Initiative

## Description

This health promotion booklet is for mothers who are starting to breastfeed. In it is information on how to get started and how to avoid common problems.

<b>Format</b>	Download
<b>Keywords</b>	breast feeding, patient information
<b>Publisher</b>	<a href="#">HSE</a>
<b>Classification</b>	breast feeding
<b>Pages</b>	16

**Categories:** Irish Content

**External Link** <http://www.healthpromotion.ie/>