

[Print](#) [Bookmark](#) [Request this item](#)

Take Good Care of Yourself Growing Older in Ireland

Author: Kenny, Geraldine;Eastern Health Board

Publication Year: 1995

Item available on request

[Request this item](#)

Contents

Attitudes to ageing
Facts on ageing
Physical aspects of normal ageing
Psychological aspects of normal ageing
Social aspects of normal ageing
Incontinence
Disease with psychological consequences
Physiological problems
Loss and bereavment
You as a carer
Abuse of older people
Crime and the fear of crime
Hospital
Staying put or moving
Voluntary and statutory services and benefits
Health boards
Bibliography
Index

Format Print

Keywords older people

Publisher [Gill and Macmillan Ltd](#)

Classification older people

| | |
|--------------------|---------------|
| Edition | First |
| ISBN | 0-7171-2044-9 |
| Pages | 242 |
| Categories: | Irish Content |