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HSE/ICGP Healthy Weight Management Guidelines Before, During & After Pregnancy

Author: ICGP;HSE

Publication Year: 2013

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• <u>Healthly Weight Management Guidelines Before, During & After Pregnancy</u> (220k)

Contents

Body Weight and Conception Pre-Pregnancy Body Weight and Assisted Reproduction National Physical Activity Guidelines During Pregnancy Breastfeeding Post Pregnancy

Description

Reviewed: 2014, no updates required, Next Review: 2017

The National Weight Management Treatment Group have developed HSE / ICGP Healthy Weight Management Guidelines Before, During and After Pregnancy: A Quick Reference Guide for Primary Care. The working group was chaired by Prof. Fidelma Dunne, University Hospital Galway & NUIG. Dr Sinead Murphy represented ICGP with input from Dr. Emma Kilgarriff. These were developed in conjunction with the ICGP Quality in Practice Committee. The aim was to provide a blueprint for GPs and primary care staff to assist in the prevention, detection and management of overweight and obesity in the community. The HSE in developing this and other supports for all areas of the health service, is advocating healthy lifelong weight management for all.

Format	Download
Keywords	body weight, children, guidelines, health, obesity, ante natal care, pregnancy
Publisher	HSE
Classification	pregnancy
Alternative Title	A Quick Reference Guide for Primary Care Staff
Pages	2
Categories:	Irish Content, ICGP Resources
External Link	http://www.icgp.ie/weightmanagement