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Suicide Prevention in the Community: a practical guide

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Description

Suicide Prevention in the community: A practical guide” is a result of a number of community groups formed in the West of Ireland in response to suicide. The guide is the first of its kind in Ireland. It contains useful and practical advice on how best to set up a community response group to suicide. It lists the ‘do’s’ and ‘don’ts’ of how best to support a grieving community and reduce the risk of further suicides in an area. Good practice guidelines are outlined for schools, third level colleges, youth clubs and centres, workplaces and sports groups.

Many community groups are formed following a death by suicide in an area and communities often struggle to know exactly what to say and do. This booklet is a tool to support communities to address suicide and to ensure that they are offered reassurance and sound advice at a time of great distress.

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