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# The National Exercise Referral Framework

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## Description

The development of a proposed National Exercise Referral Framework was commissioned by Health Promotion and Improvement and led by DCU. The final document had input from a Working Group, a Steering Group, a HSE Cross-Divisional Group and an Advisory Panel – which was made up of over sixty representatives from the health and non-health sectors.

There are a number of practical steps now required to determine the feasibility of the proposed framework as a national model and its alignment with the Chronic

Disease Prevention and Integrated Care Pathways within the health services. These include: i) the identification of a sustainable funding and operating model; ii) the design, development and integration of chronic disease care pathways and iii) a phased implementation plan that would build on the existing programmes. The Health & Wellbeing Division of the HSE will lead the next phase of this project.

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