Irish College of General Practitioners



LARC UPDATE QUIZ







True False

- **1** Upper age limit of use is 50 years.
- 2 FSH can be assayed reliably .
- **3** Contraindicated in breast feeding women as the hormone can affect infant growth adversely.
- 4 Women on liver enzyme inducing drugs should have ten weekly injections intervals.
- 5 Contra-indicated in young girls under 18 years due to concerns re bone mineral density.

Sub dermal Implants



Implanon NXT False

1 Can be inserted at anytime in the cycle as long as pregnancy can be excluded.

2 Can be used without restriction in breast feeding women.

3 Is suitable for Diabetics.

4 Long term use of Implanon Next may affect bone density.

5 CHC may be beneficial in managing problematic bleeding problems in women using Implanon NXT.

True

SUBDERMAL IMPLANTS

Implanon NXT False

1 Contraceptive Implant releases Levonorgestrel and is licensed for 3 years.

2 Implanon NXT may cause disruption of the normal menstrual cycle.

3 Mode of action is mainly inhibition of ovulation.

4 Liver enzyme inducing drugs reduce the efficacy of Implanon NXT.

5 Past history of DVT is an absolute contra-indication for Implanon NXT use. True



SUBDERMAL IMPLANTS

Implanon NXT

True False

1 No age limit to it's use Menarche to Menopause.

2 Removal of deep Implants should be undertaken by a professional with specialist training.

3 Essential to document that the patient has felt Implanon Nxt in her arm post insertion.

4 Women with a BMI > 30 should have their Implanon Nxt removed early.



COPPER INTRA – UTERINE DEVICE



Copper IUD'S

1 Inhibit fertilisation.

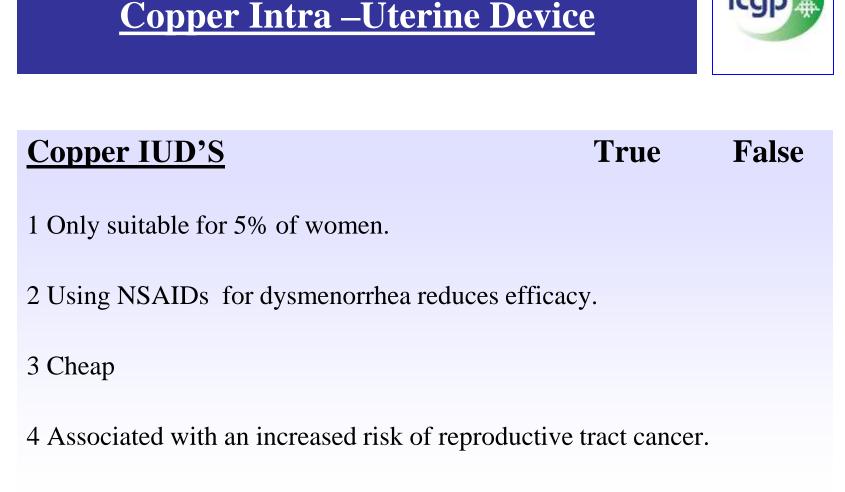
2 Delay ovulation.

3 IUD'S are not abortifacient.

4 Equally effective whatever the design.

5 Are less effective in older women.

True False



ICOP

5 A previous ectopic is a contra indication to the use of Copper IUD'S

<u>**Copper Intra – Uterine Device</u>**</u>



Insertion of Copper IUD for Emergency Contraception True False

- Can be inserted up to Day 19 of a regular
 28 day cycle for Emergency Contraception.
- 2 Will prevent up to 90% of pregnancies if fitted for Emergency Contraception.
- 3 Can be inserted on day 21 of a regular 28 day cycle, 5 days after one episode of UPSI.
- 4 Should be offered for UPSI on day 10 of regular 28 day cycle.



1 Licensed for use to treat heavy periods.

2 Does not show on X-ray.

3 Interacts with Liver inducing drugs to reduce efficacy.

4 Licensed as the progestogen past of HRT for 5 years.

5 Increased risk of PID associated with it's use.





True False

1 Contains 13.5 mg Levonorgestrel compared 52mg Levonorgestrel in the Mirena IUS.

2 The SPC for Jaydess states that it is not first choice in nulliparous women as clinical experience is limited.

3 Jaydess has a smaller frame and a narrower inserter tube.

Women using Jaydess are less likely to become amenorrheic.

Intra Uterine Contraception



True False

1.Woman with newly diagnosed Breast Cancer

Copper Coil IUD:WHOMEC 1Mirena /Jaydess IUS:WHOMEC 2

2 A past history of PID is an absolute contra-indication to use of an intra uterine contraceptive device.

Uterine Perforation

- 1 Overall incidence can vary from 0-1.2/1,000 annually.
- 2 Lactation, amenorrhea and a postpartum time< 6 months identified as risk factors .
- **3** Perforation incidence similar in Copper and Lng IUS Devices.