

LARC UPDATE QUIZ



Depo-Provera



True False

- 1 Upper age limit of use is 50 years.**
- 2 FSH can be assayed reliably .**
- 3 Contraindicated in breast feeding women as the hormone can affect infant growth adversely.**
- 4 Women on liver enzyme inducing drugs should have ten weekly injections intervals.**
- 5 Contra-indicated in young girls under 18 years due to concerns re bone mineral density.**

Sub dermal Implants



Implanon NXT

True

False

- 1 Can be inserted at anytime in the cycle as long as pregnancy can be excluded.
- 2 Can be used without restriction in breast feeding women.
- 3 Is suitable for Diabetics.
- 4 Long term use of Implanon Next may affect bone density.
- 5 CHC may be beneficial in managing problematic bleeding problems in women using Implanon NXT.

SUBDERMAL IMPLANTS



Implanon NXT

True

False

- 1 Contraceptive Implant releases Levonorgestrel and is licensed for 3 years.**
- 2 Implanon NXT may cause disruption of the normal menstrual cycle.**
- 3 Mode of action is mainly inhibition of ovulation.**
- 4 Liver enzyme inducing drugs reduce the efficacy of Implanon NXT.**
- 5 Past history of DVT is an absolute contra-indication for Implanon NXT use.**

SUBDERMAL IMPLANTS



Implanon NXT

True

False

- 1 No age limit to it's use Menarche to Menopause.
- 2 Removal of deep Implants should be undertaken by a professional with specialist training.
- 3 Essential to document that the patient has felt Implanon Nxt in her arm post insertion.
- 4 Women with a BMI > 30 should have their Implanon Nxt removed early.

COPPER INTRA –UTERINE DEVICE



Copper IUD'S

True

False

1 Inhibit fertilisation.

2 Delay ovulation.

3 IUD'S are not abortifacient.

4 Equally effective whatever the design.

5 Are less effective in older women.

Copper Intra –Uterine Device



Copper IUD'S

True

False

1 Only suitable for 5% of women.

2 Using NSAIDs for dysmenorrhea reduces efficacy.

3 Cheap

4 Associated with an increased risk of reproductive tract cancer.

5 A previous ectopic is a contra indication to the use of Copper IUD'S

Copper Intra –Uterine Device



Insertion of Copper IUD for Emergency Contraception True False

- 1 Can be inserted up to Day 19 of a regular 28 day cycle for Emergency Contraception.
- 2 Will prevent up to 90% of pregnancies if fitted for Emergency Contraception.
- 3 Can be inserted on day 21 of a regular 28 day cycle, 5 days after one episode of UPSI.
- 4 Should be offered for UPSI on day 10 of regular 28 day cycle.

Mirena IUS



True **False**

- 1 Licensed for use to treat heavy periods.
- 2 Does not show on X-ray.
- 3 Interacts with Liver inducing drugs to reduce efficacy.
- 4 Licensed as the progestogen part of HRT for 5 years.
- 5 Increased risk of PID associated with it's use.

Jaydess IUS



True

False

1 Contains 13.5 mg Levonorgestrel compared 52mg Levonorgestrel in the Mirena IUS.

2 The SPC for Jaydess states that it is not first choice in nulliparous women as clinical experience is limited.

3 Jaydess has a smaller frame and a narrower inserter tube.

Women using Jaydess are less likely to become amenorrheic.

Intra Uterine Contraception



True False

1. Woman with newly diagnosed Breast Cancer

Copper Coil IUD: WHOMECS 1

Mirena /Jaydess IUS: WHOMECS 2

2 A past history of PID is an absolute contra-indication to use of an intra uterine contraceptive device.

Uterine Perforation

1 Overall incidence can vary from 0-1.2/1,000 annually.

2 Lactation, amenorrhea and a postpartum time < 6 months identified as risk factors .

3 Perforation incidence similar in Copper and Lng IUS Devices.