









ICGP AUTUM CONFERENCE 2023

Positive Health in General Practice

Role	Name	Picture	Bio
Convenor	Dr Diarmuid Quinlan , Medical Director, ICGP		Dr Diarmuid Quinlan is passionate about quality improvement and patient safety. He is a GP partner at Woodview Family Doctors. He is the current Medical Director of ICGP and prior to this the ICGP HSE Clinical Lead for Diabetes in Primary Care. He is a director of the Health Products Regulatory Authority, and chair of HPRA Advisory Committee for Human Medicine. He is a director of the charity Diabetes in GP. He is Provost and Chair of the Rep of Ireland faculty of RCGP. He was conferred with a master's in medical law & ethics (with merit) (LLM) in Edinburgh University in 2018.
Speaker	Dr Machteld Huber , GP & Founder, Institute for Positive Health, Nederland		Dr Machteld Huber is the founder of the Positive Health philosophy. She was originally a GP. During her own experience with illness, early in her career, she discovered that her experience as a patient went far beyond what she had ever learned as a doctor. She experienced that she could actively and positively influence her recovery and in order to test her suspicions she later started working with seriously damaged people. She also decided to become a researcher at the Louis Bolk Institute in Driebergen, with the goal of putting 'health promotion' on the map. In 2015 Machteld Huber left the Louis Bolk Institute and founded the Institute for Positive Health, of which she was director until August 2019.
Speaker	Prof David Smith , Associate Professor of Healthcare Ethics, RCSI		Prof David Smith is Associate Professor of Healthcare Ethics in Royal College of Surgeons in Ireland, University of Medicine and Health Sciences. He is the Director of the MSc in Health Care Ethics and Law in RCSI. He also lectures on Healthcare Ethics in Trinity College Dublin; College of Anaesthetists; The Royal College of Physicians of Ireland and University College Dublin; He is an Ethics Consultant to the Bon Secours Health System, Ireland; AVISTA Services; Mercy Care South Public Juridic Person Committee; and Ethical Advisor to St Vincent's Healthcare Group.

			<p>He is also a member of a number of Research Ethics Committees and a member of the Scientific and Ethical Advisory Committee for the European Vaccine Initiative.</p>
Speaker	<p>Dr Suzanne Kelly, ICGP/HSE GP Clinical Lead Integrated Care Diabetes</p>		<p>Dr Suzanne Kelly is a GP with a GMS contract in practice in Cork. She is the current HSE ICGP Lead for the Integrated Care Programme for Diabetes and the chair of the Diabetes in General Practice Group in Munster. She qualified from UCD and initially completed basic specialist training in Internal Medicine before General Practice training through RCSI. She is a regular contributor to educational webinars for GPs as well as a tutor on the UCC Diabetes module and iHeed diabetes diploma through the University of Warwick.</p>
Speaker	<p>Dr Jamie Kearns, Sports & Exercise Medicine Specialist</p>		<p>Dr Jamie Kearns is originally from Dublin. He qualified from UCD in 2006 with an honours degree as well as a BMedSci. He went on to complete basic specialist training in medicine in Galway and completed an MRCPI in 2009. As part of his BST, he undertook a six-month visiting rotation at the Mayo Clinic, Rochester. He subsequently completed a Masters in Sports and Exercise Medicine from NUI Galway in 2011, graduating with a 1st Class Honours. Having worked in full-time General Practice with a specialist interest in sports and orthopaedic medicine, Dr Kearns began specialist training in Sports and Exercise Medicine in 2021 and completed his training in 2023. During his specialist training, he undertook post-graduate training in Medical Ultrasound at AECC University College, Bournemouth. He has also been awarded membership to the Faculty of Sports & Exercise Medicine UK</p>
Speaker	<p>Prof Tony Foley, Professor of General Practice, UCC & GP in Kinsale</p>		<p>Prof Tony Foley is Professor of General Practice in UCC and works as a GP in Kinsale. He is a GP Trainer and is Co-convenor of the Irish College of General Practitioners (ICGP) clinical skills examination. His clinical and research interests include dementia care, palliative care and integrated care of the older person. He has led the development of a dementia e-learning</p>

			<p>programme, a quick reference guide and audit tools for the ICGP.</p> <p>His recent research and interdisciplinary collaborations have focused on the area of dementia palliative care. Tony has led funded dementia care research and service delivery projects, supporting GPs and allied healthcare professionals in their delivery of integrated dementia care in the community.</p>
<p>Speaker</p>	<p>Prof Brendan Kelly, Professor of Psychiatry Trinity College Dublin</p>		<p>Prof Brendan Kelly is Professor of Psychiatry at Trinity College Dublin, Consultant Psychiatrist at Tallaght University Hospital, Dublin, and UCD Visiting Full Clinical Professor at UCD School of Medicine, University College Dublin. In addition to his medical degree (MB BCH BAO), he holds masters degrees in epidemiology (MSc), healthcare management (MA), Buddhist studies (MA), mindfulness-based interventions (MSc), and an MA (jure officii) from Trinity College Dublin; doctorates in medicine (MD), history (PhD), governance (DGov), and law (PhD); and a higher doctorate in history (DLitt). He has authored and co-authored over 300 publications in peer-reviewed journals, over 600 non-peer-reviewed publications, 21 book chapters and book contributions, and 18 books (12 as sole author). His recent books include 'In Search of Madness: A Psychiatrist's Travels Through the History of Mental Illness' (2022) and 'Asylum: Inside Grangeegorman' (2023)</p>
<p>Speaker</p>	<p>Dr David McConaghy, ICGP/HSE GP Clinical Lead Integrated Care Prevention</p>		<p>Dr David Mc Conaghy is a GP partner in Sallins, Co. Kildare and the ICGP/HSE Integrated Care Clinical Lead for prevention. He is also a GP trainer and ICGP Examiner and has an interest in out-of-hours care, holding Medical Director roles in TLC Doc and KDOC.</p> <p>His clinical and research interests include chronic disease management in general practice, lipids and hypertension.</p>