

The Irish College of General Practitioners



Winter Meeting 2017

Hosted by the ICGP Network of Establishing GPs

General Practice Now – Harnessing Our Abilities

*Friday 17 – Saturday 18 November 2017
Sheraton Hotel, Athlone*



www.icgp.ie/wintermeeting2017



ICGP Winter Meeting Programme 2017
General Practice Now – Harnessing Our Abilities
PARALLEL SESSIONS ~ Friday, 17 November 2017

9.00–13.00	<p>LARC UPDATE COURSE</p> <p>This course provides a clinical update in long acting reversible contraception to doctors inserting these devices in the primary care setting.</p> <p>Registration and programme information available</p> <p>LARC TUTOR COURSE</p> <p>This course aims to train new LARC tutors and to provide an update for existing LARC tutors.</p> <p>Registration and programme information available</p>
9.00–17.00	<p>CERVICAL SMEAR TAKERS COURSE</p> <p>This course is designed to support and equip primary healthcare professionals to acquire the knowledge necessary to carry out effective cervical smear screening.</p> <p>Registration and programme information available</p>
9.00–17.00	<p>PRIMARY CARE SURGERY COURSE</p> <p>This ICGP course will be practical, comprehensive and assure quality as well as impart new knowledge and practical skills. Part I will be done via eLearning modules; Part II will be a 1 day practical training workshop using skin models.</p> <p>Registration and programme information available</p>
9.00–17.00	<p>MANAGEMENT IN PRACTICE – GP REG/NEGS COURSE</p> <p>This course has been designed to provide structured training in the core aspects of management as it relates to general practice.</p> <p>Registration and programme information available</p>
13.30–17.00	<p>CONTRACEPTION TUTOR COURSE</p> <p>This course aims to teach doctors who wish to become contraception tutors for the purposes of certifying candidates for the Basic Certificate in Contraception. It will also serve as an update in contraception for current instructing doctors/contraception tutors.</p> <p>Registration and programme information available</p>



ICGP Winter Meeting Programme 2017
General Practice Now–Harnessing Our Abilities
Friday, 17 November 2017

19.00–20.00	<p>MASTERING YOUR MONEY</p> <p>In this interactive session, we will examine the key knowledge, attitude and skills you need to ensure that you manage your money effectively, and for the long haul.</p> <p>Dr Brendan O’Shea is Director (PRC) ICGP. He has previously facilitated this topic on GP Training at the TCD HSE GP Training Scheme in 4th Year. He enjoys the business side of practice as a key enabler of good care and views it as relevant to personal wellbeing for most GPs and their families.</p>
20.00–21.00	<p>ROUND TABLE DISCUSSION</p> <ul style="list-style-type: none">• What parts of College are working for you?• How can we all make College better for you?• What else do we need to say about General Practice now?



ICGP Winter Meeting Programme 2017

General Practice Now – Harnessing Our Abilities

Saturday, 18 November 2017

NURSING & CARE HOME MEDICINE Session A

FACILITATOR: **Dr Brian Meade**, (Lead at ICGP Special Interest Group for Nursing & Care Home Medicine)

PALLIATIVE CARE IN THE NURSING HOME

Dr Paul Gregan, GP and consultant in Palliative Medicine

HOSPITAL ACQUIRED INFECTIONS AND THE NURSING HOME

Dr Rob Cunney, Consultant Microbiologist Temple Street Children's Hospital

HPV VACCINATION PROGRAMME – WINNING HEARTS AND MINDS

FACILITATORS: **Dr Brenda Corcoran**, Consultant in Public Health Medicine in the National Immunisation Office. **Dr Douglas Hamilton**, Specialist Registrar in Public Health Medicine in the National Immunisation Office.

Brenda leads in the key area of immunisation. HPV is topical given poor vaccine uptake among adolescents. Take this opportunity to reflect and review the key facts and rationale behind this programme. How can the vaccine decline be reversed?

9.00–10.00

ULTRASOUND SCANNING IN GENERAL PRACTICE (Beginners)

FACILITATOR: **Dr Tony O'Sullivan**, GP Irishtown Health Centre, Dublin 4 and **Dr Pau Castell-Montrull**, GP Custom House Square Medical Centre, Dublin 1 (Leads at ICGP Special Interest Group for Ultrasound Scanning)

This session is an interactive introduction to ultrasound scanning from theory to range of practical applications, including hands-on practice with real patients. It will outline how to set up Point of Care US in your Practice, and how ICGP SIG will support your development with this special interest.

IMPROVING EXPERIENCE WITH MEDICAL STUDENTS IN YOUR PRACTICE

FACILITATORS: **Dr Brendan O'Shea** and **Dr Pat O'Dwyer**. Brendan and Pat are involved with undergraduate teaching at Trinity and UL respectively, and will be joined by medical students. Many general practices facilitate Medical Student attachments. This session is supported by AUDGPI, and explores how to get the most from undergraduate attachments. It is relevant if you take medical students, or if you would like to consider it, and explores how to make attachments enjoyable and effective.

NURSING & CARE HOME MEDICINE Session B

FACILITATOR: **Dr Brian Meade** (Lead at ICGP Special Interest Group for Nursing and Care Home Medicine)

TACKLING POLYPHARMACY IN THE NURSING HOME

Dr Shaun O'Keefe, Consultant in Medicine of Old Age University Hospital Galway

THE REAL COST TO GPs OF CARING FOR NURSING HOME PATIENTS

Dr David McCaffrey, Med Account Services Dublin

10.00–11.00

ULTRASOUND SCANNING IN GENERAL PRACTICE (Advanced)

FACILITATOR: **Dr Tony O'Sullivan**, GP Irishtown Health Centre, Dublin 4 and **Dr Pau Castell-Montrull**, GP Custom House Square Medical Centre, Dublin 1 (Leads at ICGP Special Interest Group for Ultrasound Scanning)

This session is an interactive introduction to ultrasound scanning from theory to range of practical applications, including hands-on practice with real patients. It will outline how to set up Point of Care US in your Practice, and how ICGP SIG will support your development with this special interest.

	<p>GLOBAL HEALTH – HOW CAN IRISH GPs AND PRACTICE TEAMS BE INVOLVED?</p> <p>Have you an interest in Global health? Global Health traditionally relates to Electives and Volunteer work in developing health systems. At this session, you will see that College Members have done this and much more in a variety of projects.</p> <p>The ICGP Special Interest Group on Global Health shares experiences, and offers signposts for you and your practice team on how you can become involved in a variety of ways.</p>
10.00–11.00	<p>THE ABC OF COGNITIVE BEHAVIOURAL THERAPY FOR GENERAL PRACTICE</p> <p>FACILITATOR: Enda Murphy, Psychotherapist and Author</p> <p>GPs are well placed to engage in using a strand of cognitive therapy to assist the people who attend them, often over years. This session will examine how you can improve and refine your process in the consultation.</p>
	<p>RISK MANAGEMENT IN PRESCRIBING IN GENERAL PRACTICE</p> <p>FACILITATOR: Dr Mary Davin Power, GP Risk Advisor, Medisec</p> <p>An overview of risk prescribing practices with reference to the drugs that feature most highly in claims and complaints.</p>
11.00–11.30	<p>MORNING REFRESHMENTS – MEET WITH YOUR EXHIBITORS</p>
11.30–12.00	<p>GENERAL PRACTICE: THE CHALLENGES THAT LIE AHEAD AND HOW TO MEET THEM</p> <p>Mr Fintan Foy, CEO, ICGP</p>
12.00–13.00	<p>DATA PROTECTION – KEEPING GENERAL PRACTICE AHEAD OF THE CURVE</p> <p>New Legislation reflecting European Standards will impact on Irish General Practice. This development is the most significant change since 2011. We reflect on steps you need to consider now to keep your Practice Team ahead in 2018.</p> <p>PANEL: Dr Brian O’Mahony, National ICT Project Manager</p> <p>Dr Conor O’Shea, National Coordinator, GPIT Group,</p> <p>Dr Brian Meade, GPIT Advisor</p> <p>Dr Claire Collins, Director of Research</p> <p><i>In addition there will be relevant external technical expertise attending</i></p>
13.00–14.00	<p>LUNCH</p>
14.00–15.00	<div style="display: flex; align-items: flex-start;">  <div> <p>“JUST A GP?” – DR ZOE NORRIS</p> <p>Zoe trained at the University of Nottingham and has worked in the NHS since 2004. She is a GP in East Yorkshire and started writing for the Huffington Post after feeling that the story of what was happening in NHS General Practice wasn’t being told. Her articles are personal and thought provoking, striking a cord with patients and doctors alike.</p> <p>Zoe is a GP appraiser, chair of the Sessional Subcommittee of General Practitioners Committee of the BMA, and a lecturer for NB Medical Hot Topics GP update courses</p> <p>CHAIR: Dr Laura Noonan, Director, Network of Establishing GPs</p> <p>PANEL: Dr Sarah Maguire, ICGP Board Member</p> <p>Dr Noirin O’Herlihy, Quality in Practice Project Officer</p> <p>Dr Brian McEllistrem, Curriculum Development Fellow, GP Training Department</p> </div> </div>
15.00–16.00	<p>MASTERCLASS ON PARKINSON’S DISEASE</p> <p>FACILITATORS: Dr Graham Hughes, Consultant Physician in Geriatric Medicine in St Vincent’s University Hospital, Dublin and Dr Tim Gleeson GP (Lead on ICGP Special Interest Group in Nursing and Care Home Group).</p> <p>Add certainty to your diagnosis, evaluation and ongoing care in this important neurological condition, where early diagnosis and ongoing contact with the patient are key to achieving best outcomes.</p>

MARIA KIDNEY RESEARCH BURSARY ([Further information](#))

DR JIM SLEIN RESEARCH BURSARY ([Further information](#))

Closing date for Bursary applications: 20th October, 2017

Presentations by shortlisted applicants and announcement of overall winners.

PLANNING FOR RETIREMENT

FACILITATOR: **Shane Finlay**, JLT Financial Planning

Have you been too busy to think and plan for life after 24/7/365 General Practice?

Do yourself and your family a big favour and take an hour to ask yourself 'Am I prepared?' and more importantly 'How can I be better prepared!'

TOP TIPS – WRITING BETTER MEDICAL RECORDS

FACILITATOR: **Dr Mary Favier** GP has an expert interest in risk management in general practice, and is Principal in Practice, at The Parklands Surgery, Cork.

Improving your medical records is key to many spin off benefits, in terms of better care, reduced risk for the patient, and reduced medicolegal risk for you and everyone who works in your practice.

15.00–16.00

16.00–16.05

STRETCH BREAK

MASTERCLASS ON PARKINSON'S DISEASE

FACILITATORS: **Dr Graham Hughes**, Consultant Physician in Geriatric Medicine in St Vincent's University Hospital, Dublin and **Dr Tim Gleeson** GP (Lead on ICGP Special Interest Group in Nursing and Care Home Group).

Add certainty to your diagnosis, evaluation and ongoing care in this important neurological condition, where early diagnosis and ongoing contact with the patient are key to achieving best outcomes.

INFERTILITY MASTERCLASS

FACILITATOR: **Prof Mary Wingfield**, Consultant Obstetrician and Gynaecologist, Merrion Fertility Clinic

Given the well established tendency for couples to defer having children until later, having an edge in this area of care is particularly appreciated by our Patients. People coming late to parenting appreciate when their GP is clearly on the ball and ready to assist.

16.05–17.00

IS YOUR TEAM GEARED UP TO TACKLE MULTIMORBIDITY?

FACILITATORS: **Dr Brendan O'Shea**, Director PRC, **Karen Canning** (Outgoing Chair at The Irish Practice Nurses Association), **Mr Barry O'Brien** (Management Consultant; Lecturer and Tutor for the ICGP "Management in Practice" courses), consider how to improve Practice Teamwork to make the challenge of Multimorbidity manageable, effective and viable.

The current position of Irish General Practice Teams is difficult and unique. We understand tackling Multimorbidity is a key task, there is a body of research out there from other health systems, but we are uncertain whether it translates into Irish General Practice. This session will focus on what might work to give your practice an edge, and will also reflect on what the ICGP should be communicating to other stakeholders.

BUILDING/IMPROVING YOUR PRACTICE WEBSITE IS NOW MUCH EASIER – HONESTLY!

FACILITATOR: **Dr John O'Shea**, Academic Intern, Limerick Regional Hospital and I.T. Support, The Bridge Medical Centre, Newbridge

Interactive demonstration of new generation website building tools for you or your Practice Team. Find out how to build/improve your practice website, so that you know how to do it yourself or send along your practice manager or Nurse.



GPs TAKE CARE

FACILITATOR: Dr Claire Hayes, Clinical Psychologist

Saturday, 18 November 2017

9.00–9.30	<i>INTRODUCTIONS, HOPE, EXPECTATIONS AND GOALS</i>
9.30–10.30	<i>IN-DEPTH EXPLORATION OF THE PARTICULAR STRESSORS GPs EXPERIENCE ON A REGULAR BASIS</i>
10.30–11.00	<i>IMAGERY EXERCISE</i>
11.00–11.30	<i>MORNING REFRESHMENTS</i>
11.30–13.00	<i>APPLICATION OF COGNITIVE BEHAVIOURAL PRINCIPLES AS A CONCRETE WAY OF BUILDING COPING RESOURCES</i>
13.00–14.30	<i>LUNCH</i>
14.30–16.00	<i>RESPONDING TO GPs STRESSORS MINDFULLY, PRACTICALLY AND EFFECTIVELY</i>
16.00–17.00	<i>HOW ICGP SUPPORTS GPs, EVALUATION AND NEXT STEPS</i>

Venue: Sheraton Hotel, Gleeson Street, Athlone

Reservations by phone: 090 645 1000

ICGP rate (before 27th October): Single Room B&B €105 ~ Double/Twin B&B €150