13th All-Ireland Conference of the PCDS
28th March 2020, Crowne Plaza Dublin Airport, Northwood Park

Programme

08.45–09.30 **Registration, refreshments and exhibition viewing**

09.30–09.40 Welcome and introduction
***Joanne Lowe**, Community Diabetes Nurse Specialist, Co. Wicklow*

09.40–10.25 The implications of diabetes for women's health
***Linda Matthews** and **Fidelma Dunne**, Consultant*

10.25–11.00 Discover diabetes
- Key changes to national structured education programme
- Implications for your practice

11.00–11.25 **Refreshments and exhibition viewing**

11.25–12.10 Cutting the fat: What the new European lipid guidelines mean for primary care
***Ruth Agar**, Lipid Nurse Specialist, Tallaght Hospital*

12.10–12.55 Sponsored symposium

12.55–13.55 **Lunch and exhibition viewing**

13.55–14.30 Interactive workshops – first rotation

1. Workshop 1: Injectable therapies in diabetes
    - Practical aspects of GLP-1s and basal insulin
    - Patient selection and initiation
    - Device selection and operation
    - Prescribing safely

***Jane Diggle**, Specialist Practitioner Practice Nurse, South Kirby*

2. Workshop 2: You too can do research and publish it
    - Types of diabetes research that you can do in your practice
    - Top tips for getting your work accepted for conferences
    - Insider's advice on getting published in a journal

3. Workshop 3: Practical podiatry in diabetes
    - The basics of screening and assessment
    - Red flags and when to refer
    - Management of the diabetic foot

***Anna Doherty**, Community Diabetes Podiatrist*

4. Workshop 4: Introduction to setting blood glucose targets
    - What is a realistic target, and for whom?
    - The importance of individualization
    - How best to help patients achieve their targets

***Joanne Lowe**, Community Diabetes Nurse Specialist, Co. Wicklow* and
***Lisa Devine**, GP, Co. Wicklow*

14.30–14.35 Workshop change-around

14.35–15.10 Interactive workshops – second rotation

15.10–15.30 **Refreshments and exhibition viewing**

15.30–16.10 Early childhood trauma and its future impact on health outcomes

16.10–16.40 Diabetes Distilled
***Pam Brown**, GP, Swansea*

16.40–16.45 Summary and close

This conference was developed by the PCDS in conjunction with OmniaMed Communications. The sponsoring companies have had no input into the conference agenda, speaker selection or presentations, with the exception of the symposium session, for which the sponsoring company is fully responsible.