



# Winter Meeting 2019

Hosted by the ICGP Network of Establishing GPs

## The art of generalism in practice

### Friday 15<sup>th</sup> November 2019

19:00 – 20:30

#### **Nursing & Care Home Special Interest Group**

The Nursing and Care Home group is now in its third year and caters for the needs of GPs who work in Nursing and other long term care homes. This type of work presents unique challenges for GPs and our group attempt to improve the quality of care we deliver to this vulnerable group of patients.

This meeting is open to anyone with an interest in nursing homes. We will be reviewing the work done to date by the group, discussing our proposed course on nursing home care for GPs and there will be time set aside for individual GPs to raised issues or concerns about their work in nursing homes. If you have any particular issue you would like to raise at the meeting please e-mail a brief description of the issue to [brian.meade@icgp.ie](mailto:brian.meade@icgp.ie) in advance of the meeting.

### Saturday 16<sup>th</sup> November 2019

9:00 – 10:00

#### **Adolescent Gynaecology**

Addressing the unmet needs of the adolescent consultation in gynaecology

Geraldine Connolly, Consultant Obs & Gynae, Rotunda & Temple St

#### **Self-Harm and Crisis Intervention**

The National Clinical Programme for the Assessment and Management of Patients presenting to the Emergency Department following Self-Harm has 4 main components – a compassionate empathic response, an expert biopsychosocial assessment including an emergency care plan, next of kin involvement and connecting to next care. There are plans to expand the Clinical Programme to Primary care and Community mental health teams. Data from the clinical programme will be presented; safety planning will be described in detail and finally an interactive session will discuss future expansion of the Clinical Programme.

	<p>Dr Anne Jeffers, National Clinical Lead for the Clinical Programme for the Assessment and Management of Patients presenting to the Emergency Department following Self-Harm</p> <hr/> <p><b>Chronic Disease Management and the over 75s - case studies and a structured approach</b></p> <p>Dr Joe Gallagher &amp; Dr Mark O’Kelly, ICGP HSE Primary Care Leads for Integrated Care Programmes</p> <hr/> <p><b>Dr John Carroll Research Award</b></p> <p>Presentations from shortlisted projects on topics relating to rural general practice</p> <p>Dr Rory Stewart, “Donegal Going Against the Flow: National differences in long-term urinary catheterisation rates in men (&gt; 65 years) with benign prostatic hypertrophy”</p> <p>Dr Stephanie Dowling, “Impact of participation in Continuing Medical Education small group learning (CME-SGL) on stress, morale, and professional isolation of rural GPs”</p> <p>Chair: Dr Claire Collins</p>
10:00 – 11:00	<p><b>Did I stumble or did I fall?</b> Understanding the nature of falling</p> <p>Prof. Tara Coughlan, Consultant Geriatrician &amp; Stroke Physician, Tallaght University Hospital</p> <hr/> <p><b>Chronic Disease Management and the over 75s - case studies and a structured approach</b></p> <p>Dr Dermot Nolan &amp; Dr Diarmuid Quinlan, ICGP HSE Primary Care Leads for Integrated Care Programmes <b>(REPEAT SESSION)</b></p> <hr/> <p><b>How can GPs lead on planetary health?</b></p> <p>WONCA has recently issued a global declaration calling on family practice to lead on the evolving concept of planetary health, but what does planetary health in the context of Irish general practice really mean? What practical steps can we take to minimize our environmental footprint? And why are healthcare professionals being called upon to lead the way?"</p> <p>Dr Andree Rochfort (Director of Quality Improvement and Doctors Health Programme) Dr John Allman (GP Trainer, Sutton) Dr Sean Owens (NEGS)</p>

	<p>Dr Louise Halpenny (GP Trainee)</p> <p><b>Perils in Practice. 10 difficult patient interactions</b></p> <p>Discussion of 10 real life scenarios, presenting legal and ethical dilemmas. Opportunity for audience participation. Ruth Shipsey, CEO</p>
11:00 – 11:30	Morning Refreshments
11:30 – 12:30	<p><b>Irish GPs in Zambia – The Neri Clinics</b></p> <p>Ronan Flynn and Patrick McSharry are two Irish GPs who founded the Neri Clinic in Zambia 10 years ago. They will share their experience of establishing a clinic and discuss how Irish general practice could partner with opportunities with colleagues in Zambia</p> <p><b>Your Repeat Prescribing Journey</b></p> <p>This workshop will help you to understand the potential for error in your own repeat prescribing process. Participants will identify areas for improvement and discuss solutions to mitigate the risks</p> <p>Ms. Suzanne Creed, Clinical Risk and Education Manager, Medical Protection</p> <p><b>'Bringing Colour into the Consultation' – practical tips on encouraging more plant-based foods among our patients</b></p> <p>Dr John Allman, GP in North Dublin and GP Trainer on the UCD GP Training scheme</p> <p><b>The Chop Shop – Setting up for Community Surgery within Your Practice</b></p> <p>An overview of how to set up for provision of community surgery in a GP practice setting – including room set-up, required equipment, costs to consider, integration to day-to-day practice.</p> <p>Dr Justin Kwong, GP, Kilkenny, PCSA Committee Member</p> <p><b>The GP as an Employer: Avoiding the obstacles</b></p> <ul style="list-style-type: none"> <li>⇒ Employer/Employee Relationship</li> <li>⇒ Who's in charge?</li> <li>⇒ Open Door Policy</li> <li>⇒ Management &amp; Reporting Structures</li> <li>⇒ Expectations &amp; Responsibilities</li> <li>⇒ Probation, Appraisals, Staff Reviews</li> </ul>

	<i>Asumpta Gallagher is the owner and founder of Best Practice</i>
12:30 – 13:10	<b>Prescribing in everyday Irish General Practice</b> Dr Paul Ryan, GP & Pharmacist
13:10 – 13:20	<b>Welcome: Dr Rukshan Goonewardena</b> <b>Network of Establishing GPs, Director</b>
13:20 – 14:15	Lunch
14:15 – 15:30	<p>Benzodiazepines “But I really need that tablet doctor!”</p> <p>Building on the recent Medical Council recommendations, our panel of experts explore the complications around benzodiazepines prescribing</p> <p>Edel McGinnity, Deepend GP Tom O’Dowd, GP Tallaght former Primary Care Professor in TCD Colin Bradley, Prof of General Practice, UCC Tony Cox, Medical Director, ICGP</p> <p>Chair: Ide Delargy, Director of the Addiction Management in Primary Care Programme</p>
15:30 – 16:30	<p><b>Whirlwind update on antibiotic prescribing for busy GP with a focus on safe prescribing</b></p> <p>What has changed for common and uncommon conditions? Protecting patients- How to minimise risk adverse events when prescribing antibiotics. How are we doing with helping to keep antibiotics effective for future generations ? Community resources to help the busy GP Easy audit tool for this year Medical Council Professional competence scheme PCS and lots audit ideas</p> <p>Dr Nuala O Connor ICGP Lead Antibiotic resistance GP lead Antimicrobial Resistance and Infection control Division (AMRIC) HSE Health Protection and Surveillance Centre (HPSC)</p> <p><b>Haemochromatosis: all you need to know</b> Dr John Ryan, Consultant Hepatologist, Beaumont Hospital Dr Diarmuid Quinlan, ICGP HSE Primary Care Lead for Integrated Care Programmes</p> <p><b>Eating Disorders</b></p> <p>AFRID- Avoidant/ Restrictive Food Intake Disorder, OSFED- Other Specific Feeding or Eating Disorder and Orthorexia are emerging diagnosis and patterns in Eating Disorders. We will look at some of these and their management.</p>

	<p>Gestalt Therapy strongly encourages the client to take responsibility for making changes in their life and it encourages them to tap in to their own resources and their own inner strength, thus empowering them.</p> <p>Dr Attila Szigeti Clinical Director and Consultant Psychiatrist at Lois Bridges Eating Disorders Treatment Centre, Sutton, North County Dublin.</p> <p>Mr Gerry Kelly Psychotherapist at Lois Bridges Eating Disorders Treatment Centre.</p>
	<p><b>An Adverse Event in the Practice – How would you cope</b> Dr Andree Rochfort, Director of Quality Improvement and Doctors' Health in Practice Programme, ICGP Dr Deirdre Kinlen &amp; Dr Monica McWeeney, Representatives of the Retired and Semi-Retired GP Discussion Group</p>