PICO Worksheet

1. **Define your question using PICO:**

Question Components		Your Question
P – Patient/Problem or Population Describe the most important characteristics of the patient (.e.g. age, gender, disease/condition, etc.)		
I – Intervention Describe the main intervention (.e.g. drug or other treatment, diagnostic/screening test, etc.)		
C – Comparison Describe the main alternative being considered (.e.g. placebo, standard therapy, no treatment, the gold standard, etc.)		
O – Outcome Describe what you're trying to accomplish, measure, improve, effect (.e.g. reduced mortality or morbidity, improved memory, accurate and timely diagnosis, etc.)		
Your Clinical Question:		

2. **Consider the Following:**

Type of Question (Circle One)	Type of Study (Check all that apply)
▢ Therapy ▢ Prevention ▢ Diagnosis ▢ Etiology/Harm ▢ Prognosis	▢ Meta-Analysis ▢ Systematic Review ▢ Randomized Controlled Trial (RCT) ▢ Cohort Study ▢ Case Control Study ▢ Case series/report

Contact Us: library@icgp.ie

ICGP Library and Information Service

Search Strategy

	Primary Search Term	Synonym 1	Synonym 2
P			
I			
C			
O			

RECOMMENDED RESOURCES:

ICGP	**www.icgp.ie**
ICGP Journals	**www.icgp.ie/journals**
PubMed	**www.pubmed.gov**
Google Scholar	**https://scholar.google.com/**
Cochrane Library	**https://www.cochranelibrary.com/** (Free in ROI/HRB Library)
PROSPERO	**https://www.crd.york.ac.uk/PROSPERO/**
SUMSearch II	**http://sumsearch.org/**
TRIP database	**http://www.tripdatabase.com/**
Epistemonikos	**https://www.epistemonikos.org/en/**
The NNT	**https://www.thennt.com/**
NICE Guidelines	**https://www.nice.org.uk/**
SIGN Guidelines	**https://www.sign.ac.uk/**
Patient.info	**https://patient.info/**
HSE A to Z	**https://www.hse.ie/eng/health/az/**
BMJ Best Practice	**https://bestpractice.bmj.com/** (Free in ROI/HSE Library)
PRODIGY/CKS	**https://clarity.co.uk/prodigy/** (Subscription)
UpToDate	**https://www.uptodate.com/** (Subscription)
Dynamed	**https://www.dynamed.com/** (Subscription)