Irish College of General Practitioners



National Trainers Conference



Supporting Trainers to Support Trainees

The Strand Hotel, Limerick 10 & 11 March 2023

Friday 10 March 2023

111day 10 March 2020	
Welcome	
	Shannon Suite
	Level - 1
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Professor Claire Collins, COO, ICGP	
Digital Systems & Supports for Trainers	
Ms Lisa Donaldson, Academic Programme Manager, ICGP	
Mr Brian O'Malley, Executive Director of Training & Assessment, ICGP	
Morning Refreshments	Shannon Foyer
Working Refreshments	Shamon royer
Can Medicine be Cured?	Shannon Suite
Dr Seamus O'Mahony, Author & Visiting Professor at the Centre for the Humanities	Level -1
and Health, King's College London	
Essential Information for GPs who are Non-Providers of EMAs	Library
Dr Trish Horgan, GP Trainer Cork Specialist Training Scheme	Ground Floor
Dr Mary Favier, Dr Mike Thompson, Dr Madeleine Ni Dhalaigh,	
GP Trainers, Cork Specialist Training Scheme	
ENT Q-CHAT – Quick Clinical Hints & Tips	Harris Suite
Dr Brendan Payne, GP Trainer & Lecturer, Cork GP Training Scheme	Level 6
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A GP Trainers Experience of taking a GP Intern	O'Brien & Wogan
A GP Trainers Experience of taking a GP Intern Dr Nicholas Breen, GP Lecturer/ Assistant Professor and Clinical Network	O'Brien & Wogan Suite
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	Dr Pat Harrold, GP Trainer, Mid-West Training Scheme Opening Dr Paul Armstrong, President, ICGP Connecting with Trainers Dr Martin Rouse, National Director of Specialist Training in General Practice Updates from the College Professor Claire Collins, COO, ICGP Digital Systems & Supports for Trainers Ms Lisa Donaldson, Academic Programme Manager, ICGP Mr Brian O'Malley, Executive Director of Training & Assessment, ICGP Morning Refreshments Can Medicine be Cured? Dr Seamus O'Mahony, Author & Visiting Professor at the Centre for the Humanities and Health, King's College London Essential Information for GPs who are Non-Providers of EMAs Dr Trish Horgan, GP Trainer Cork Specialist Training Scheme Dr Mary Favier, Dr Mike Thompson, Dr Madeleine Ni Dhalaigh, GP Trainers, Cork Specialist Training Scheme ENT Q-CHAT — Quick Clinical Hints & Tips

12.30 – 14.00	Lunch	River Restaurant	
14.00 – 15.00		Ground Floor Shannon Suite	
2	KEYNOTE	Level - 1	
	Also Human- The Inner Lives of Doctors Dr Caroline Elton Psychologist, Author, Speaker, Trainer		
	ICGP EPA: Supporting Trainees and Clinical Teachers Dr Eamonn Shanahan, GP Trainer – Session Chair Dr Karena Hanley, GP Training Innovation & Development, ICGP Dr Edward McSwiney, Regional Program Director for the ICGP National Specialist Training Programme (South Region)	Shannon Suite Level - 1	
15.00 – 16.00	Going beyond Google: Joint session from HSE & ICGP Librarians Ms Patricia Patton, Information Officer, ICGP Ms Isabelle Delaunois, Medical Librarian, University of Limerick Hospitals	Library Ground Floor	
	Unconscious Bias for GP Trainers Dr Gozie Offiah, HSE. Clinical Lead Medical Intern Unit	Harris Suite Level 6	
	Supports Available to GP Trainers Dr. Andrée Rochfort, Director, Doctors Health Programme, ICGP	O'Brien & Wogan Suite Level 6	
16.00 – 17.00	ICGP EPA: Supporting Trainees and Clinical Teachers (Repeat Session) Dr Eamonn Shanahan, GP Trainer — Session Chair Dr Karena Hanley, GP Training Innovation & Development, ICGP Dr Edward McSwiney, Regional Program Director for the ICGP National Specialist Training Programme (South Region)	Shannon Suite Level - 1	
10.00 - 17.00	Taking a History: an Educational Perspective Dr Caroline Elton, Psychologist, Author, Speaker, Trainer	Library Ground Floor	
	Social Prescribing: A Path Forward for GP Training and Productive Primary Care Dr Sean Owens, GP & Chair of the ICGP Sustainability Working Group	Harris Suite Level 6	
	Global Health, Why is it relevant? Dr Stephen Brennan, Global Health SiG Committee, ICGP; Assistant Scheme Director South-East Scheme	O'Brien & Wogan Suite Level 6	
17.00	National Association of Trainers in GP Meeting Library Ground Fl		
19.00 20.15	Live Music Reception Appetisers and bar. Music by John Walsh Dinner	Shannon Foyer Shannon Suite Ground Floor	

Saturday 11 March 2023

10.00 – 10.45		KEYNOTE	Shannon Suite Level - 1
	General Prac	e Learned in Medical Education & ctice ex Harding, University of Exeter	
	• •	to Child Mental Health and Neurodiversity for Primary Care , GP Trainer, North Dublin City Scheme	Shannon Suite Level - 1
10.45 – 11.45	Steps to Career Success for Establishing GPs Dr. Knut Moe, Chair, Network of Establishing GPs (NEGs)		Library Ground Floor
	Retention of I Dr Colm O'Rei Dr Diarmuid C	Harris Suite Level 6	
		th and Looking after Ukrainian Patients Fachurets, ICGP Clinical Lead, Ukrainian Response	O'Brien Suite Level 6
11.45 -12.00	Refreshment	Break	Shannon Foyer
12.00 – 13.00	Adult ADHD – it's Time to Stop the Eye-Rolling Dr Sarah Carty, GP Trainer, RCSI Training Scheme		Shannon Suite Level - 1
	Rural General Practice Dr. Jerry Cowley, GP - Mayo		Library Ground Floor
	The Trainee in Dr Martin Rou	n Difficulty use, National Director of Specialist Training in General Practice	Harris Suite Level 6
13.00 – 13.15 Closing Rema		rks	Shannon Suite Ground Floor
		Speakers	
Dr Paul Armstrong		Dr Armstrong has been in practice for over 32 years and has actively college during this time. He is a member of the College since 2014 ar Donegal Training Scheme, has contributed to the College in a variety has also published papers in the BMJ, IMJ, ICGP Forum Journal and the Journal.	nd a GP Trainer in the of roles. Dr Armstrong
Dr Anna Beug		Dr Anna Beug is from Cork and graduated from TCD in 1997. She has been a GP in Dublin's south inner city for 21 years and is a traduction Dublin city scheme. She has been a lecturer in UCD for 20 years is also community mental health post CSCST fellowship She has been involved teaching in Child and Adolescent mental health for the past 8 years. Example 10 years in the logic of health for GP trainees nationally.	o currently hosting a lved in post graduate Or Beug is currently

Dr Nicholas Breen	Dr. Nick Breen has been a GP trainer in Greystones Harbour Family Practice for 20 years and an intern supervisor for over 10. He works part-time as a lecturer in UCD. While recognising the challenges that any teaching or training entails, he has had such a great professional time with interns that he would highly commend it to colleagues.
Dr Stephen Brennan	Dr. Stephen Brennan, is the current Chair of the ICGP Global Health Special Interest Group. He completed his General Practice Training with the South East Specialist General Practice Training Scheme in 2020. Following this he worked in Clonmel, Co Tipperary and currently works in Ballyhale, Co Kilkenny. Stephen is a former Quality Improvement Scholar in Residence for the RCPI and a member of ISQua. Stephen worked in rural Primary Care in Cape MaClear, Malawi during his GP training and upon returning he sat on the Forum of Irish Postgraduate Medical Training Bodies Global Health Subcommittee for 2 years. Stephen is an Assistant Scheme Director with the South East Specialist General Practice Training Scheme. As part of this role, he supports and supervises the scheme's links with the Billy O'Riordan Clinic, Cape McClear, Malawi.
Professor Claire Collins	Chief Operating Officer, Irish College of General Practitioners. Professor Epidemiology and Public Health, Department of Public Health and Primary Care, Ghent University. As the ICGP COO, Claire leads and manages the multi-disciplined ICGP operations units, ensuring that their functions align with the College's overall strategic vision and business plan. She is responsible for monitoring the College's operational performance. Claire holds a visiting full professorship with the Department of Public Health and Primary Care of Ghent University, Belgium where she undertakes teaching, research and PhD student supervision.
Dr Sarah Carty	Dr. Sarah Carty has been working as a GP partner at Merrion Gates Medical Centre since 2005. She is also a GP trainer with the RCSI training scheme and an ICGP Examiner for over ten years. She is now working as a GP with a special interest in ADHD. Dr Carty Launched ADHDdoc in October 2022. It is the first clinic of its kind in Ireland to adopt a collaborative care model where GPs and psychiatrists work together to support adults in Ireland with ADHD.
Dr Jerry Cowley	Jerry is a qualified barrister and is a single-handed family doctor in a rural general practice in Mulranny, Co. Mayo. Jerry is a strong advocate of providing local rural services to retain local populations. He is the founder of Mulranny Day Centre Housing CLG, a not for profit organisation, comprising of a voluntary housing scheme, a nursing home and other ancillary community services. Jerry is also founder and chairman of the Rural Island & Dispensing Doctors Group of Ireland.
Ms Isabelle Delaunois	Isabelle Delaunois is a Medical Librarian at the University of Limerick Hospitals. Isabelle is responsible for the operational management of the Regional Medical Library. A librarian for over 20 years, Isabelle is passionate about supporting evidence-based medicine and teaching how to be systematic with your search. She has participated in several systematic review projects. Prior to joining the RML, Isabelle was an information specialist at the European Union institutions and in the private sector, including diamond manufacturing.
Ms Lisa Donaldson	Lisa Donaldson is the Academic Programme Manager at ICGP having recently joined from Dublin City University (DCU). She is currently focused on leading the blended learning and eportfolio initiatives to best support the trainee learning experience. Lisa's educational background includes an undergraduate degree in Business & IT, post graduate qualifications in Teaching & Learning, and an M.Sc. in Applied Elearning. She was DCU's first Advance HE Senior Fellow in 2020, winner of the teaching support category of the DCU President's Award for Excellence in Teaching 2022, and Learning Technologist of the Year (Association of Learning Technology), 2018.

Dr Caroline Elton	Dr Caroline Elton is an occupational and counselling psychologist who has trained and supported doctors for the last 20 years. Her previous roles include consultant education adviser with Kent Surrey and Sussex Deanery and Head of the Careers Unit at London Deanery. Her book, Also Human: The Inner Lives of Doctors was published by Penguin Random House in the UK and Basic Books in the US. She has spoken at conferences and run workshops for doctors throughout the UK, and also in Ireland, the US and Australia. In February 2022 she was appointed as a Senior Adviser and Associate Professor in Medical Education at Norwich Medical School which she is combining with writing another book to be published by Penguin as well as a careers handbook for doctors to be published by Oxford University Press.
Dr Mary Favier	Dr Mary Favier is a GP partner and trainer in a four-doctor practice in Farranree/Fairhill on Cork's northside. She is a past president of the Irish College of General Practitioners (ICGP) and was a member of the Covid-19 National public health emergency team (Nphet). She has been a CME tutor and member of the board of the ICGP. She has sat on the Medical Council and been a two term board member of the Medical Protection Society. She has interests in reproductive health justice, the health impacts of deprivation, and risk assessment and management in general practice. She is a founder member of DoctorsForChoice, Doctors TogetherForYes and Start. She is a provider of early medical abortion in her practice in Cork.
Dr Mel Fullam	GP Trainer, Mid West Specialist Training Scheme.
Dr Karena Hanley	Dr Karena Qualified from UCD in 1987, Karena obtained MICGP and MRCGP in 1992. Further qualifications include a Master's in Family Medicine in 2000, FRCGP in 2008 and PG cert in Medical Education in 2022. Karena has 30 year's experience of running a busy GP practice, and has been a medical educator since 2000. Her research interests are varied with over a dozen peer reviewed publications in clinical care and medical education. Karena is a former Provost of the RCGP Ireland faculty. She has held a variety of ICGP posts, including ICGP Chair of a number of college committees. From 2016-2020 Karena served as ICGP National Director of GP training. She is now Lead of Innovation and Development in GP training.
Professor Alex Harding	Alex has worked as a GP in Exeter for the last twenty years as a partner in a city centre practice. He is involved at the University of Exeter Medical School as a Sub-Dean, making sure the community part of the medical school programme (about 25%) runs smoothly. He is also involved in curriculum development and innovation and is course director of the Masters in Clinical Education and also Principles of Primary Care International.
Dr Pat Harrold	GP Trainer, Mid West Specialist Training Scheme.
Dr Trish Horgan	Dr. Trish Horgan is working as a full-time General Practitioner in Cork City, and she is a GP trainer with the Cork Specialist Training Programme for General Practice. Dr Horgan is a provider of community early medical abortion (EMA) at her practice. She is co- author of the updated clinical support document for community provision of EMA with the ICGP, and she is a trainer for the ICGP in EMA and contraception. She is a founder member of START (Southern Task Group on Abortion and Reproductive Topics) which is a peer support and education group for providers of abortion care and was founded after the 2018 abortion referendum in Ireland.
Dr Kateryna Kachurets	Dr Kateryna Kachurets, originally from the Ukrainian capital, moved to Ireland six years ago and is a GP in Dublin and currently working with the HSE and the Irish College of General Practitioners (ICGP) on the Ukrainian crisis response. She did her medical training in Poland, and her intern year in Dublin, while completing her GP training in the Midlands scheme in Naas and Tullamore.

Dr Edward McSwiney



Dr Edward McSwiney commenced in post as the South Regional Director of Training in January 2022. Edward also works as a General Practitioner in Co. Cork. A University College Cork (UCC) graduate, Edward completed the Cork Specialist Training Scheme in Ireland in 2015. He worked as a GP in Co. Cork and Co. Dublin before moving to Canada with his family in 2017. Between 2018 - 2021 he held formal General Practice (Family Medicine) training roles at both McMaster University and Queen's University, Ontario, Canada. He worked as a family doctor and clinical preceptor at McMaster Family Practice, a large multidisciplinary academic unit of the McMaster University Family Medicine Residency Programme, from 2018 to 2019. He was appointed as an assistant clinical professor of Family Medicine (adjunct) at the Department of Family Medicine during that time. Thereafter, Edward moved to Kingston, Ontario, where he worked as a family doctor, academic advisor, and clinical preceptor at the Kingston-Thousand Islands (KTI) site of Queen's University Family Medicine Residency Programme from 2019 to December 2021. He was promoted to full assistant professor at the Department of Family Medicine in July 2021. While in Canada he gained valuable experience in Competency Based Medical Education (CBME), including formative workplace-based assessment, as both Queen's and McMaster Family Medicine Residency Programmes have adopted a CBME model for Family residency training. Edward returned to Ireland in December 2021. He has been a member of the ICGP for many

years and is also CCFP-certified.

Dr Knut Moe



Dr Knut Moe is a vocationally trained GP and completed his GP training on the RCSI Dublin North East GP training scheme. He is managing partner of Churchtown Family Practice in South Dublin, and is Programme Director of the ICGP's Network of Establishing GPs and Project Lead for the ICGP Mentorship Programme. Prior to medicine, he studied business and worked in finance. He has a special interest in practice management matters and is an Associate Clinical Professor In UCD School of Medicine and holds an MBA from UCD Smurfit Business School.

Dr Declan Mulligan



Dr. Declan Mulligan is an NCHD currently based in University Hospital Waterford. He is passionate about community medicine and a career in general practice.

Dr Madeleine Ni Dhalaigh



A native of east Galway Madeleine graduated UCD in 1996 and is a member of the IMO GP committee, IMO Women's committee, trainer with the START group and a trainer with the Western GP scheme. She is in full time practice in Castlerea.

She and her husband have been providing abortion care since early 2019 and as such have fielded regular anti choice protests directly outside their premises. This merely consolidates her resolve to provide abortion care for the women and girls of the area

Dr Gozie Offiah

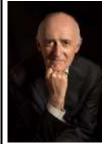


Dr Gozie Offiah

BSc, MB BCH BAO LRCS/PI, MD, MMedSc, PhD in Medical Education, IMI Graduate Award in Executive Healthcare Leadership

Dr Gozie Offiah practised medicine (with a background in Surgery) for over 15 years in the Health Service Executive (HSE). Dr Gozie Offiah is a Senior Lecturer and Director of Curriculum at the Royal College of Surgeons in Ireland. She is also the Clinical Lead for the National Intern Training programme in the Health Service Executive, the chair of the crosscultural group of tEACH, the International Association of Communication in Healthcare and the Non- executive Director of the Medical Protection Society for Ireland – a unique blend of a clinician, educationalist and Non-Executive director. Along with her Medical degree from RCSI, she also has a Master's in Medical Education from Queen's University Belfast, a Doctor of Medicine (MD) in surgery from RCSI exploring the role of JAM-A in Breast cancer, and a Doctor of Philosophy (PhD) in Medical Education from the University of Dundee with a thesis entitled: "Women in Surgery: Exploring stakeholders lived experiences in the Irish and Scottish Healthcare systems." She has published more than 25 peer-reviewed journal articles and has given invited lectures and oral presentations at many national and international meetings. She has held several leadership roles across organisations in Ireland and Internationally. Her research interests include qualitative research methodologies with a particular interest in innovations in qualitative data analysis in medical education research such as discourse and narrative analysis and social constructionism approaches. Areas of research include constructed identities and intersectionality, especially the intersections between gender, age, ethnicity and professional identities, career transitions and surgical cultures in the workplace. Her teaching experience spans undergraduate, postgraduate and continuing medical education in health professions education and training. Her teaching interest includes curriculum design, delivery and faculty development. Gozie has a special interest in the role of mentoring and role model in the delivery of health care.

Dr Seamus O'Mahony



Seamus O'Mahony worked as a gastroenterologist for many years in the UK and Ireland. He is now an author and visiting professor at the Centre for the Humanities and Health, King's College London. His first book, *The Way We Die Now*, won the BMA's Council Chair's Choice Book Award in 2017. His other books include *Can Medicine Be Cured?* (2019), and *The Ministry of Bodies* (2021). His new book, *The Guru, the Bagman and the Sceptic* was published recently by Head of Zeus. He has written for the *Observer*, the *Saturday Evening Post* and the *Lancet*; he is a regular contributor to the *Dublin Review of Books* and the *Medical Independent*. He is a member of the *Lancet* Commission on the Value of Death. He lives in his native county of Cork.

Mr Brian O'Malley



Executive Director for Training & Assessment with the ICGP. Responsible for strategic and academic development of the Irish GP Training Programme.

Dr Colm O'Reilly



Dr Sean Owens



Dr Sean Owens is a pharmacist and doctor with an interest in nutrition, lifestyle medicine, and planetary health. Hailing from County Down, Sean initially studied pharmacy at Queens University Belfast before relocating to Dublin to practice community pharmacy in 2005. In 2010 Sean elected to study graduate entry medicine in UCD Dublin, 2010-2014 and has recently graduated from the North East GP Training Scheme. Sean has additional diplomas in Lifestyle Medicine and Women's Health.

Ms Patricia Patton



Trish is Information Officer with the Irish College of General Practitioners (ICGP). She completed a Masters in Education and Training (e-Learning) (MEME) in 2021 from DCU. She also has a Masters in Librarianship and Information Studies (MLIS) from UCD and a Bachelor in Business Studies (BBS) from Trinity College. She has over 20 years' experience working in health libraries providing technical and teaching support to library users. Her interests include information literacy, evidence-based practice and information systems.

Dr Brendan Payne



Dr Brendan Payne is a practising GP in very rural Northwest Cork, and works as a GP Trainer and Lecturer on the Cork GP Training scheme.

He has a special interest in ENT in primary care and also works as a MERIT 4 Emergency Care Practitioner liaising with the National Ambulance Service and Air Ambulance in Cork. Otherwise to be found with our larger than expected rescue dog - Oscar

Dr Diarmuid Quinlan



Dr. Diarmuid Quinlan is a GP in Glanmire, Cork and Medical Director, ICGP. He is a director of the Health Products Regulatory Authority. He currently is a Director, and former chair, of "Diabetes in General Practice", a diabetes charity. He was appointed clinical lead for Diabetes in HSE South, chair of HSE South Diabetes service implementation group and member of the national Diabetes Clinical Advisory Group since 2010. He is on the Cork committee of "Southdoc, Out of Hours". He won the ICGP 2013 & 2018 Quality and Safety in Practice award. He is an undergraduate tutor in UCC, and an online dermatology tutor in the Dermatology Department, Cardiff University, Wales. He was awarded FRCGP in 2015. He completed a master's in medical law & Ethics, Edinburgh University in 2018. He accepted the role of Primary Care Lead, Integrated Care, Diabetes in September 2018.

Dr Andrée Rochfort



Dr Rochfort graduated from Trinity College Dublin in 1987 and worked in St James Hospital Dublin. She completed her specialist training for general practice in Cardiff, Wales and was a practice partner in a five doctor practice there. She worked as a GP in Enniscorthy since 1998 and moved to join the Palms in Gorey in 2018. She commenced as staff member of the Irish College of General Practitioners (www.icgp.ie) in March 2000, as Director of the Doctors' Health Programme and is the Irish national representative to the European Society for Quality and Safety in General Practice, EQuiP, since 2007. Andree is on the Board of the European Association for Physician Health (www.eaph.eu).

Dr Martin Rouse



Martin, appointed in 2020 to the post of National Director of GP Training ICGP, has incorporated his interest in Medical Education throughout his career in General Practice. He was originally appointed as CME tutor to the Waterford Faculty in the 80's. He was later involved in the establishment of the South East GP Training Scheme and until recently was Program Director. Having served on numerous college committees and a member of the IMO and National Association of Program Directors he has a wide knowledge of the day to day operation of training throughout the country. A member of a five doctor partnership in Clonmel, two of whom are trainers, he is very aware of the challenges trainers face on a daily basis and in particular over the past year. A foundation member of both ICGP and IMO he is hugely optimistic for the future of GP training in Ireland in the context of the recent transfer of overall responsibility for training to the College.

Dr Mike Thompson



Mike Thompson - GP Trainer in Midleton. ICGP Council Member. IMO GP Committee. GP Lead CHN6 CHO4. DiGP Director. GP Trainer for Undergraduates of UCC, TCD & RCSI. East Cork Clinical Society Chair. Generally cranky but trying to improve a GPs lot.

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