



CONFERENCE PROGRAMME WELLNESS ON THE MARGINS

Friday 31st March 2023		Saturday 1 st April 2023	
		08.30 – 09.00 <i>Coffee</i>	
		09.00 – 09.30 Michael Marmot ADVOCACY	
		09.30 – 10.15 Adam Burley KINDNESS <i>Learning Trust as a Second Language: Early Adversity, Relational Injury and Relational Repair.</i>	
		10.45 - 11.15 Story Slam JOY & HOPE	
		11.15 – 12.00 Cliona Nic Cheallaigh KINDNESS <i>Radical Kindness.</i>	
		12.00 – 12.30 Laura Nielsen HOPE <i>Health Inequalities: How General Practice can make a difference.</i>	
13.00 Lunch		12.30 Lunch	
14.00 – 16.30	14.00 – 16.00	13.30 – 16.30 (<i>Attendees will attend 2 workshops</i>)	
<p style="text-align: center;">Visit to Social Medicine Placements.</p> <p><i>Homeless GP Placements</i></p> <p><i>Addiction Placements</i></p> <p><i>Migrant GP Placements</i></p> <p><i>Prison GP Placements</i></p> <p><i>Mobile Health Unit</i></p> <p><i>This tour will include a short theatrical performance by Anu Productions.</i></p>	<p style="text-align: center;">Answering the Why?</p> <p><i>Why train GPs to work in Areas of Deprivation.</i></p> <p><i>Dr David Buck</i></p> <p><i>Dr Austin O Carroll</i></p> <p><i>Dr Andrew Eliot</i></p> <p><i>Dr Rachel Steen</i></p> <p><i>Dr David Blane</i></p>	<ol style="list-style-type: none"> 1. <i>Theatre of the Oppressed Workshop</i> HOPE 2. <i>Advocacy Workshop</i> ADVOCACY 3. <i>Mindfulness Workshop</i> KINDNESS 4. <i>Working with People with Intellectual Disabilities</i> ADVOCACY 5. <i>Observation and Drawing Built Environment in Area of Deprivation.</i> JOY 6. <i>Working with Peers in Healthcare</i> ADVOCACY 7. <i>Balint Group</i> KINDNESS 8. <i>Addressing Social Determinants of Health. Focussed Care and Link Workers in GP</i> HOPE 	
		17.00 Concluding Remarks.	
16.30 Welcome to Dublin (Speaker TBC). Conference Centre			
17.15 Feedback Session on Visits			
18.00 Dinner and Disco			



Biogs & Programme Descriptions.

Speakers	Biog
Sir Michael Marmot	Sir Marmot has been Professor of Epidemiology of University College London since 1985 and is Director of UCL Institute of Health Equity. He is author of The Health Gap: the challenge of an unequal world (Bloomsday: 2015) and Status Syndrome (Bloomsday: 2004). Professor Marmot is Adviser to the WHO Director-General on social determinants of health, in the new WHO Division of Healthier Populations; Distinguished Visiting Professor at Chinese University of Hong Kong (2019-); and co-Director of the CUHK Institute of Health Equity. He is the recipient of the WHO Global Hero Award; the Harvard Low Professorship (2014-2017); the Prince Mahidol Award for Public Health (2015), and 19 honorary doctorate. Marmot has led the research group on health inequalities for nearly 50 years. He chaired the WHO Commission on Social Determinants of Health, several WHO Regional Commissions, and reviews on tackling health inequality for governments in the UK. He served as President of the British Medical Association (BMA) in 2010-2011, and as President of the World Medical Association in 2015. He was knighted by Her Majesty The Queen, for services to epidemiology of the understanding of health inequalities.
Adam Burley	Adam works as a consultant clinical psychologist at the Edinburgh Access Practice, a service dedicated to the provision of care to individuals who struggle to access mainstream care, as well as providing input to a wide range of public and third sector organizations across the homeless sector. He graduated from St Andrews University in 1994 with a psychology degree before completing a doctorate in clinical psychology in Edinburgh in 1998. He subsequently worked in New Zealand establishing a clinical psychology service in a rural district working with marginalized populations, before returning to Scotland in 2004 to develop the homeless clinical psychology and psychotherapy service which he currently runs. He has a particular interest in health inequalities, exclusion dynamics, early years and the psychology of adversity.
Dr Cliona Nic Cheallaigh	Cliona Ní Cheallaigh is an Associate Professor in the Department of Clinical Medicine, TCD and a Consultant in Infectious Diseases and General Medicine in St James's Hospital, Dublin. Dr Cliona Ní Cheallaigh, consultant in general medicine and infectious diseases at St James's Hospital in Dublin, pioneers a unique programme on inclusion health in the hospital. This is a dedicated service to tackle health and social inequities among our most vulnerable and socially excluded populations: the homeless, people with substance use disorders, sex workers and prisoners. Her research seeks to look at the effect of social exclusion on health from a number of perspectives, and includes work on health systems design and evaluation, work funded by the HRB on premature ageing in homeless adults and work on the effect of social exclusion on the immune system funded by the Royal City of Dublin Hospitals Trust. She has a strong interest in ensuring equity of outcomes for socially excluded people living with HIV. She is also part of the SFI-funded COVID-19 Research Hub in TCD, with a particular interest in looking at why people who are marginalized are more likely to get severe COVID-19.
Dr Laura Nielsen	Laura works in Greater Manchester trying to reduce health inequalities. She set up Hope Citadel Healthcare 10 years ago when she was a medical student. Hope Citadel provides GP services in Areas of Deprivation currently holding 3 CQC outstanding awards and running 9 practices. Laura also runs the Shared Helath Foundation, an organization funded through philanthropic donations that pilots innovative approaches to reduce harm from health inequalities and currently delivers work for: young people who are self-harming; families living in temporary accommodation; health literacy for parents of under 5's; and advocacy for young carers. Together with the great team she works with she developed Focused Care, a project based in 50 GP practices in Greater Manchester which makes invisible patients visible, unpicks the story behind the story and allows hard pressed households to thrive. Laura also works in A&E as a regular doctor. She won the HSI 'Rising Star' Award in 2016 for her inspirational style and teaches on health inequalities. She has 3 boys and is therefore somewhat of an expert by experience on Minecraft and Harry Potter.
GP Schemes	Description

Glasgow Pioneers	The Deep End GP Pioneer was set up in 2016 with funding from the Scottish Government's GP Recruitment and Retention funding in recognition of GP workforce issues in deprived areas. The aim is to develop a change model for general practices serving areas of socio-economic deprivation (the Deep End) involving the recruitment of early career GP's, the retention of experienced GPs and their joint engagement in strengthening the role of general practise as the natural hub of local health systems.
Trailblazer GPs and Y+H Leadership Fellows	The Trailblazer GP programme matches newly qualified GPs to practices in areas of deprivation. Through peer support and tailored education the aim is for these GPs to stay working in these rewarding, but challenging environments. The Trailblazer GPs are joined in Dublin by health equity leadership fellows on the Yorkshire and Humber Future Leaders Programme.
Greater Manchester GPST	The Greater Manchester Deprivation GP Specialty Training (GPST) Programme was launched in 2019. It has a strong focus on deprivation health and social care within Greater Manchester, with the aim of best preparing trainees with the knowledge and skills to work in areas of deprivation in order to achieve best health outcomes for patient populations. This training programme helps prepare trainees for a happy career in general practice delivering care in the areas where it is needed most.
NDCGP	The North Dublin GP Training Scheme (NDCGP) is the first GP training scheme that specifically trains GPs to work in areas of deprivation and with marginalised groups. The scheme was founded in North Dublin in 2009. It works towards a vision 'that every person and community has access to a professional and quality general practitioner service that will allow them maximise their health irrespective of background and economic status.'