

Antipyretic Prescribing

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The Irish College of General Practitioners

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- Teaching, training and education at undergraduate and postgraduate levels
- Accreditation of specialist training programmes in general practice
- Operates a professional competence scheme under arrangement with the Medical Council
- Examining body for membership in general practice (MICGP)
- · Continuing education and professional development
- Research
- Practice management support through training, advice and consultancy
- General practitioner health
- Public relations and media liaison on behalf of the profession
- General practice publications, guidelines and protocols
- Advice and support to members
- Advocacy on behalf of the profession with external agencies

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Advice on managing your child's fever

This sheet gives you advice on what to do if your child has a fever, particularly around when and how to use paracetamol and ibuprofen to bring their temperature down. Usually a fever is caused by common infections which are not serious but sometimes a fever can mean that your child has a serious illness.

What do I do if my child has a fever?

- Take their temperature
- Dress your child normally children with fever should not be under dressed or over wrapped
- Do not use a cool cloth or sponge to get their temperature down
- Use either paracetamol or ibuprofen if they are upset or unwell

Can I give my child paracetamol and ibuprofen if they are already on an antibiotic? Yes.

Will paracetamol and ibuprofen stop febrile convulsions (fever fit)?

No. They will not prevent febrile convulsions and you should not use them specifically for this purpose.

How do I give my child paracetamol and ibuprofen?

Start by giving your child either paracetamol **or** Ibuprofen. If the one you started with doesn't work, try giving them the other. If this doesn't work try giving them both paracetamol and ibuprofen with the appropriate dose interval.

Example: If you give your child paracetamol to start with. After an hour their temperature is still high, try giving them ibuprofen, then paracetamol the next time, then ibuprofen the next time and so on.

Give your child four doses of paracetamol over 24 hours and three does of ibuprofen over 24 hours. **Do not give more than this.**

Leave 4 to 6 hours between **each** dose of paracetamol and 6 to 8 hours between **each** dose of ibuprofen.

Give your child paracetamol and / or ibuprofen based on their weight **not** their age. This will work better in bringing down their temperature.

1. The dose of paracetamol 2. The dose of ibuprofen	mg/ml is mg/ml is	ml(given every 4 – 6 hrs max 4 times per 24 hours) ml(given every 6 – 8 hrs max 3 times per 24 hours)
Doctor's signature:		
Date:		

Medicine Chart for Parents

Keep track of when you give your child their medicines (paracetamol, ibuprofen and antibiotics)

This charts helps you keep track of the amount of paracetamol, ibuprofen and antibiotic (if they are taking one) you are giving your child and when.

Tick the box across from the time you give the various doses (amounts of medicine) to your child.

	Paracetamol	Ibuprofen	Antibiotic
	4 – 6 hourly (Max 4 doses per 24 hours)	6 - 8 hourly (Max 3 doses per 24 hours)	(take as directed)
Trade name	(Max 4 doses per 24 flours)	(Max 3 doses per 24 hodrs)	
Mg / ml			
Dose			
6am in the morning			
7am			
8am			
9am			
10am			
11am			
12 midday			
1pm			
2pm			
3pm			
4pm			
5pm			
6pm			
7pm			
8pm			
9pm			
10pm			
11pm			
12 midnight			
1am			
2am			
3am			
4am			
5am			

Doctor:	Date:

IBUPROFEN DOSING CHART

IDOF KOT LIV	DOSING CHART	
	Ibuprofen (3 mths – 6 yrs)	Ibuprofen (6 yrs +)
	(6 - 8 hrly – Max 3 doses per 24 hrs)	(6 - 8 hrly – Max 3 doses per 24 hrs)
Weight (kg):	100mg / 5mls:	200mg / 5mls:
5kg	1.9mls	~
6kg	2.3mls	~
7kg	2.6mls	~
8kg	3mls	~
9kg	3.4mls	~
10kg	3.8mls	~
11kg	4.1mls	~
12kg	4.5mls	~
13kg	4.9mls	~
14kg	5.3mls	~
15kg	5.6mls	~
16kg	6mls	~
17kg	6.4mls	~
18kg	6.8mls	~
19kg	7.1mls	~
20kg	7.5mls	3.8mls
21kg	7.9mls	3.9mls
22kg	8.3mls	4.1mls
23kg	8.6mls	4.3mls
24kg	9mls	4.5mls
25kg	9.4mls	4.7mls
26kg	9.8mls	4.9mls
27kg	10.1mls	5mls
28kg	10.5mls	5.3mls
29kg	10.9mls	5.4mls
30kg	11.3mls	5.6mls
31kg	11.6mls	5.8mls
32kg	12mls	6mls
33kg	12.4mls	6.2mls
34kg	12.8mls	6.4mls
35kg	13.1mls	6.5mls
36kg	13.5mls	6.8mls
37kg	13.9mls	6.9mls
38kg	14.3mls	7.1mls
39kg	14.6mls	7.3mls
40kg	15mls	7.5mls
41kg	15.4mls	7.6mls
42kg	15.8mls	7.9mls
43kg	16.1mls	8mls
44kg	16.5mls	8.3mls
45kg	16.9mls	8.4mls
46kg	17.3mls	8.6mls
47kg	17.6mls	8.8mls
48kg	18mls	9mls
49kg	18.4mls	9.2mls
50kg	18.8mls	9.3mls

PARACETAMOL DOSING CHART

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41kg ~ 12.3mls 42kg ~ 12.6mls 43kg ~ 12.9mls 44kg ~ 13.2mls 45kg ~ 13.5mls 46kg ~ 13.8mls 47kg ~ 14.1mls 48kg ~ 14.4mls	_	~	
42kg ~ 12.6mls 43kg ~ 12.9mls 44kg ~ 13.2mls 45kg ~ 13.5mls 46kg ~ 13.8mls 47kg ~ 14.1mls 48kg ~ 14.4mls	_	~	
43kg ~ 12.9mls 44kg ~ 13.2mls 45kg ~ 13.5mls 46kg ~ 13.8mls 47kg ~ 14.1mls 48kg ~ 14.4mls	_	~	
44kg ~ 13.2mls 45kg ~ 13.5mls 46kg ~ 13.8mls 47kg ~ 14.1mls 48kg ~ 14.4mls		~	12.9mls
45kg ~ 13.5mls 46kg ~ 13.8mls 47kg ~ 14.1mls 48kg ~ 14.4mls	_	~	13.2mls
46kg ~ 13.8mls 47kg ~ 14.1mls 48kg ~ 14.4mls		~	
47kg ~ 14.1mls 48kg ~ 14.4mls	_	~	
48kg ~ 14.4mls		~	
	_	~	
43 Kg 14./MIS	49kg	~	14.7mls
50kg ~ 15mls	_	~	